

Sr. No. 6736**Exam. Code: 403002****Subject Code : 6990****Diploma in Counselling - 2nd Sem.****(2517)****Paper-I: Approaches to Counseling****Time allowed: 3 hrs.****Max. Marks: 100**

ATTEMPT ANY 5 QUESTIONS. EACH QUESTION CARRIES 20 MARKS.

- 1) Write a note on the structure of personality and the various psychosexual stages of Freud.
- 2) What is the ABC model in counseling? How is REBT important in treating clients?
- 3) What are the various behavior modification techniques?
- 4) What are the basic principles of Meditation? Why is Meditation so important in the current scenario?
- 5) What are the contributions of Existential Approach in Counseling?
- 6) Explain the process of transactional analysis. Is transactional analysis important in counseling?
- 7) What is meant by positive regard? What are the techniques used in client centered counseling?
- 8) Critically discuss the approach of reinforcements and operant conditioning as strategies for counseling.

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